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Estimation of mid-and long-term benefits and hypothetical risk of Guillain-Barre Syndrome after Human Papillomavirus vaccination among boys in France: a simulation study

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1 Background: The burden of human papillomavirus (HPV) infection can be substantially 2 reduced through vaccination of girls, and gender-neutral policies are being adopted in many 3 countries to accelerate disease control among women and expand direct benefits to men. Clinical direct benefit of boys HPV vaccination has been established for ano-genital warts and 4 5 anal cancer. HPV vaccines are considered safe, but an association with Guillain-Barre syndrome has been found in French reimbursement and hospital discharge data. 6 7 Methods: We conducted a Monte-Carlo simulation assuming a stable French population of 8 11- to 14-year-old boys, adult men and men having sex with men. We modelled and quantified the mid-term benefits as the annually prevented ano-genital warts among the 9 10 8.72M men aged 15-35 years and the long-term benefits as the annually prevented anal cancer cases among the 17.4M men aged 25-65 years. We also estimated the number of 11 12 Guillain-Barre syndrome cases hypothetically induced by vaccination. 13 **Results**: With a vaccine coverage of 30%, an annual number of 9310 (95% uncertainty interval [7050-11200]) first ano-genital warts episodes among the 8.72M men aged 15-35 14 years are prevented. According to more or less optimistic hypotheses on the proportion of 15 16 HPV cancers covered by the vaccine, between 15.1 [11.7-17.7] and 19.2 [15.0-22.6] cases of anal cancer among the 17.4M men aged 25-65 years would be annually avoided. Among men 17 18 having sex with men, the corresponding figures were 1708 (1294-2055) for ano-genital warts 19 and between 2.0 [0.23-4.5] and 2.5 [0.29-5.6] for anal cancer. Among 11- to 14-year-old boys, 0.86 (0.15-2.4) Guillain-Barre syndrome cases would be induced annually. 20 21 Interpretation: A long-term program of HPV vaccination among boys in France would avoid 22 substantially more cancer cases than hypothetically induce Guillain-Barre syndrome cases, in 23 the general and specifically the homosexual population. Additional benefits may arise with 24 the possible vaccine protection against oro-laryngeal and –pharyngeal cancer.

Abbreviations: HPV: Human papillomavirus; MSM: Men who have sex with men; GBS: Guillain Barre syndrome; AGW: anogenital warts; AC: anal cancer; UI: uncertainty interval; CI: confidence interval

25 Keywords

26 HPV vaccine; Guillain-Barre Syndrome; Ano-genital warts; Anal cancer; Men who

27 have sex with men; Benefit-risk assessment; Monte Carlo method

28

29 Introduction

Human papillomavirus (HPV) infection is a common sexually transmitted infection, with over 80% of sexually active individuals being infected at least once during their lifetime [1]. The majority of HPV infections are often asymptomatic, transient and resolve spontaneously within a few years. However, some infections may persist and lead to cancers. The multitude of HPV genotypes can be grouped according to their high or low oncogenic potential. While HPV-16 and HPV-18 are mainly responsible for cancers and precancerous lesions, HPV-6 and HPV-11 are responsible for non-malignant diseases such as anogenital warts (AGWs).

The HPV-related burden of cervical and anal cancer (AC) is high among women, but a substantial burden due to AC, oro-laryngeal and oro-pharyngeal cancer also exists among men [2,3]. This evidence, has led to a global increase in gender-neutral HPV vaccination policies, which could be a way to achieve the objective to reduce HPV transmission within populations and to eliminate cervical cancer [4]. In France, the previous recommendation for Gardasil 9[®] targeting 11- to 14-year-old girls (reimbursement possible up to age 19) is extended to boys from 2021 on [5].

HPV vaccines have been found to be safe during clinical phase and post-marketing studies, which did
not confirm suspicions of adverse events such as auto-immune disease, postural orthostatic
tachycardia syndrome or complex regional pain syndrome. However, in 2017, an analysis of the
French reimbursement and hospital discharge data using a self-controlled case series approach
found that HPV vaccination was associated with a 2·39 fold increased incidence of hospitalization for

48 Guillain-Barré Syndrome (GBS) during the 6 months following vaccination, among 13- to 16-year-old 49 girls (recommended target age at that time) [6]. However, the relation between HPV vaccine and GBS 50 was not confirmed in similar analyses in UK, Canada (Ontario and Quebec) and US [7-10] and only a 51 non-significant signal was reported from Finland [11]. GBS is thus a scientifically not confirmed 52 adverse event. In France, awaiting new evidence, authorities insist on the favorable benefit-risk ratio 53 of HPV vaccination for girls. Given the introduction of a gender-neutral policy, we aimed in the 54 present analysis at quantifying the benefits and hypothetical risks related to HPV vaccination that 55 would occur by 2070 among the male population (general male and MSM populations) in the context 56 of a long-term vaccination program.

In absence of clinical data on vaccine efficacy against oro-pharyngeal and penile cancers, we focused on AGWs and ACs. This choice led to two different age windows to assess the benefit of vaccination, defined as to cover the length of vaccine induced immunization and the length of the disease to develop, leading to a mid-term assessment for AGW and long-term assessment for AC.

61 Methods

62 Study design and data sources

The general purpose of this work was to quantify benefits and risks of HPV vaccination with a 63 64 simulation study. The formulas of benefits and risks included fixed parameters and sampled 65 parameters. According to the Monte Carlo principle, the latter were randomly and independently 66 sampled from specified probability distributions. For parameterization, we aimed at including French 67 data wherever available or approached the situation in France with transposable data from other 68 European or high-income countries. As outputs, the model provided simultaneous estimates of the 69 annual number of cases avoided (benefits) and induced (risks) for a given population. Point estimates 70 are given as the median values and 95% uncertainty intervals (UI) as the 2.5% and 97.5% percentiles of the distributions resulting from the 20,000 iterations. The model was written in SAS language and 71 72 we used SAS 9.4 version to run the simulations.

73 General settings for benefit and risk modelling

74 Population forecasts in 2070 were downloaded from the Insee (the French official statistics 75 authority) website, where we chose the central scenario for birth rate, life expectancy of newborns 76 and annual net migration [12]. To obtain the corresponding MSM group sizes, we applied the 77 proportions obtained in the 2016 French survey on global sexual health, namely 4.67% for men aged 78 15 to 35 years old, and 4.28% for men aged 15 to 65 years old [13]. Similar to 2018 HPV vaccine 79 coverage estimates for French girls [14], all our analyses assumed a 30% coverage among boys, with 80 80% receiving a full 2-dose series. We also made the arbitrary assumption that 10%, 40%, 40% and 81 10%, respectively of vaccine initiations occurred at age 11, 12, 13 or 14 years.

82 The maximal levels of vaccine efficacy achieved after immunization were considered as sampled 83 parameters, assuming identical efficacy in the general and the MSM population. Because vaccine 84 efficacies reported in the literature are based on small number of cases [15,16], we computed 85 confidence intervals using the Clopper-Pearson method [17]. The sampling procedure we developed 86 to simulate efficacy values was directly derived from this approach (S1 Methods). The duration of 87 induced immunity due to vaccine efficacy was chosen as at least 20 years at initial level [18]. As a result, 88 the protection against AGW was assessed among men aged 15 to 35 years old. Because of the latency 89 period between infection and cancer occurrence (ie, 10 to 20 years), the protection against AC was 90 assessed among men aged 25 to 65 years old. Finally, we made the following assumptions regarding 91 persistence of efficacy over years, whatever the considered event (AGW, AC) and population (general, 92 MSM): (i) maintained at its initial and maximal level during either 20 years after vaccination for fully 93 vaccinated men - or 10 years after vaccination for partially vaccinated men -, (ii) linear decline during 94 the following 10 years and (iii) no efficacy afterwards. An overview of all values for fixed parameters 95 and distribution choices for sampled ones can be found in S1 Table and S2 Table.

96 Benefit modelling for anogenital warts

97 This benefit depended on the proportion of AGW cases caused by HPV (δ_{AGW} , fixed), vaccine coverage (VC, fixed), distribution of age at vaccination among the 4-year possible period (v(11) to 98 v(14), fixed), baseline incidence of AGW (I_{AGW} , sampled) and initial efficacy against incident AGW 99 100 $(E_{AGW}(0)$, sampled). Details can be found in S2 Methods, equation 2a. We used the AGW incidence as 101 estimated for 20- to 30-year-old men in France [19], ie 528 per 100,000 person years and applied a 102 correction factor to obtain I_{AGW} estimates (expressed as an incidence per 100,000 person years) for 103 the age range 15 to 35 years. This factor, 520/528, is based on the relative size of the two age groups 104 [19]. Thus, I_{AGW} was sampled from a Gamma distribution with the same 2.5% and 97.5% percentiles 105 95%-CI (487 – 568) and then multiplied by the correction factor. We obtained vaccine efficacy against 106 AGW due to HPV genotypes 6/11/16/18, $E_{AGW}(0)$, from a multicentric clinical trial among heterosexual and homosexual men (89·9% (67·3% - 98·0%)) [15]. Values of $E_{AGW}(0)$ were simulated 107 108 as described in S1 Methods.

To estimate benefits in the MSM subgroup, we defined baseline incidence (denoted as I_{AGW}^{MSM}) by sampling from the same distribution as I_{AGW} and we applied a multiplicative factor of 9/2.06 based on the ratio of incidences estimated in Australia [20,21] among MSM and among the general male population. Details can be found in S2 Methods, equation 2b.

113 Benefits modelling for anal cancers

114 As for the benefit against AGW, the benefit against AC depended on vaccine coverage and the age

distribution of boys among the 4-year possible period (VC, v(11) to v(14), fixed). It also depended

on the proportion of AC cases caused by HPV (δ_{AK} , fixed), on the baseline incidence of AC (I_{AC} ,

sampled) and on the initial efficacy against AC ($E_{AK}(0)$, sampled). Details can be found in S2 Methods,

equation 2c. To obtain AC incidence I_{AC} , we used 2019 data from the French Network of cancer

registries. Starting with the 214 cases observed in 2018 among 25- to 65-year-old men (Registries

- 120 report, Table 2, p 109) and to obtain the most plausible range of values for 2020, we applied the
- 121 upper and lower confidence limits of the annual progression rate estimate presented for 2019 (3.3%

122 (95%CI (1.5%-5.1%) [22]. I_{AC} (expressed as an incidence per 100,000 person-years) was sampled from 123 the Gamma distribution with 1.24 and 1.33 as 2.5% and 97.5% percentiles, respectively. We 124 estimated vaccine effectiveness against AC, $E_{AC}(0)$, based on the efficacy against incident ano-genital 125 infection with HPV genotypes 16/18 and probability of resulting AC. Efficacy was used as reported 126 from per-protocol analyses against HPV genotypes 16/18 in a multi-center clinical trial [16] among 127 MSM (84.5% (63.1%-94.6%)). Anal cancer can be caused by HPV types other than 16 and 18, while 128 the vaccine efficacy against infections by these other genotypes has not been reported in the literature. Because 78.26% of AC cases are estimated to be due to genotypes 16/18 [23] but efficacy 129 against infections caused by genotypes other than 16/18 is not established, we assumed, in two best 130 131 and worst case scenarios that this efficacy was identical (best case) and null (worst case). In both scenarios, values of $E_{AC}(0)$ were simulated according to the procedure detailed in S1 Methods. 132 Finally, we assumed that the delay between infection and cancer could range from 10 to 20 years, 133 134 with equal probability for various values of lag. Finally, as an extremely conservative scenario, we 135 also calculated the benefits using the efficacy reported from intention-to-treat analyses in the same clinical trial, which is 46.5% (24.0%-62.7%)[16]. 136

To obtain the baseline incidence among the MSM subgroup (now denoted as I_{AK}^{MSM}), we used incidence data presented in a metaanalysis on HIV-negative MSM [24]. I_{AK}^{MSM} (expressed as an incidence per 100,000 person-years) was sampled from the normal distribution with 1.63 and 8.67 as 2.5% and 97.5% percentiles, respectively, with truncation to positive values. Details can be found in S2 Methods, equation 2d).

142 Guillain-Barre Syndrome risk modelling

The hypothetical additional risk of GBS among vaccinated boys depended on vaccine coverage (VC, fixed), baseline incidence of GBS (I_{GBS} , sampled) and relative risk of GBS induced by vaccination (RR, sampled). Details can be found in S3 Methods). We obtained I_{GBS} , from the general equation for the male age-specific rates in Western countries as reported in a meta-analysis, which we applied to boys aged 13 years [25]. We obtained the uncertainty around this value by assuming a similar precision as
the one reported for the 10- to 19-year-old boys. Thus, *I_{GBS}* was sampled from the Gamma
distribution with 0.70 and 1.26 as 2.5% and 97.5% percentiles, respectively. From the French analysis
reporting an increased risk of GBS after vaccination, we chose the relative risk estimated with a selfcontrolled case series approach during a 6-month risk period (2.39 (1.21-4.72)) [6]. Thus, *RR* after
each vaccine administration was sampled from the Lognormal distribution with 1.21 and 4.72 as 2.5%

154 **Results**

155 The population forecasts for 2070 were of 8.72M 15- to 35-year-old men and 17.4M 25- to 65-year-

old men, representing an increase of 6.1% and 4.2%, respectively, compared to the 2020 population.

Based on 2070 demographic projections, about 418,000 boys will become eligible to vaccination each
year. This means that about 225,000 vaccine doses would be necessary each year to achieve the
assumed 30% coverage with 80% of full 2-dose series.

160 We estimated that during 2070, a first episode of AGW would be averted for 9310 (95%UI, 7050 to 161 11200) men aged 15-35 years old in the general French population (Table 1, Figure 1). In the best-162 case scenario for AC, 19·2 (95%-UI, 15·0-22·6) cases would be averted among men aged 25-65 years, 163 compared to 15.1 (95%-UI, 11.7-17.7) in the worst-case scenario. We estimated that 0.82 (95%-UI, 164 0.15-2.30) GBS cases would be hypothetically induced by HPV vaccination during 2070, i.e., one 165 additional case every 1·2 years (95%-UI, 0·42-6·2 years) (Table 1). Specifically, among the MSM 166 population, we estimated that during 2070, about 1910 AGW (95%-UI, 1440-2290) would be averted 167 among men aged 15-35 years (Table 1, Figure 1). In the best-case scenario for AC, 2.6 (95%-UI, 0.29-168 5·7) cases would be averted among MSM aged 25-65 years, compared to 2·0 (95%UI, 0·23-4·5) in the 169 worst-case scenario.

170

171 Table 1: Benefit (avoided cases) and risks (induced cases) of HPV vaccination in the French

172 male population during 2070.

			Evaluated	Annual number avoided
Population				or induced, in the
type	Impact type	Outcome	age range	evaluated age range
			(years)	
				median (95%-UI)
		Anogenital warts	15-35	9310 (7050 – 11,200)
General	Benefit	Anal cancor		Best: 19·2 (15·0 − 22·.6)
			23-03	Worst: 15·1 (11·7 – 17·7)
MSMª	Benefit	Anogenital warts	15-35	1907 (1444 - 2291)
		Anal cancer	25-65	Best: 2·6 (0·29 − 5·7)
				Worst: 2·0 (0·23 – 4·5)
General	Risk	Guillain Barre Syndrome	11-14	0.82 (0.15 -2.3)

^a MSM population represents a subgroup (around 4%) of the general male adult population.

174

- 175 Finally, if vaccine efficacy only reached the intention-to-treat estimate (relevant if a fraction of boys
- were already infected at vaccination), then the annual number of avoided AC would decreased to 8.5
- 177 (95%-UI, 4·5-11·7) in the general population and 1·1 (95%-UI, 0·12-2·7) in the MSM population.
- 178 Results obtained under other choices of coverage could easily be deduced from those of the present
- analysis (with 30% CV), because both benefits and risks are proportionally dependent on this
- 180 parameter, as it is shown in Appendix (Methods S2 and S3).

181 **Discussion**

182 In this modeling study on HPV vaccination among the male population in France, we estimated that

under the condition of a stable vaccination program with 30% coverage overtime, at least 15 and up

184 to 19 anal cancer cases would be avoided each year among 25- to 65-year-old men and more than 185 9000 men aged 15-35 years would not experience their first episode of ano-genital warts. In the 186 same vaccination program, 0.82 cases of GBS could hypothetically be induced among 11- to 14-year-187 old boys annually. In terms of benefit-risk ratio, for each vaccine-induced case of GBS, between 18.1 188 to 23.4 cases of anal cancer (depending on scenarios) would be avoided. Based on the results of our 189 relatively conservative analysis, the claim is valid that HPV vaccination has more individual benefits 190 than risks not only for girls, but for boys as well, even when assuming that HPV vaccine was 191 associated with an increased risk in GBS, which is a scientifically not confirmed hypothesis. In our 192 analysis, this was observed even if using intention-to-treat efficacy of HPV vaccination against anal 193 cancer, assuming that a certain fraction of boys would be HPV infected at time of vaccination. This 194 could be the case given the French recommendation for catch-up vaccination up to age 19 years. 195 We included in our analyses the two types of vaccine-preventable diseases for which the clinical 196 efficacy of HPV vaccine is documented, both however presenting limitations: as anal cancer has a low 197 incidence among men (about 1 per 100,000), the expected risk reduction is relatively low. Ano-198 genital warts have high incidence among men, but their severity cannot be compared neither to a 199 severe neurological condition such as GBS, nor to cancer. Therefore, we acknowledge that this first 200 evaluation of vaccination impact is of limited scope, while it provides a methodological framework 201 for future wider analyses on HPV vaccine benefits. HPV vaccines are expected to prevent oro-202 laryngeal and -pharyngeal cancer, which are much more frequent (about 500 per 100,000) and for 203 which an increasing fraction is not associated to tobacco and alcohol consumption, but to HPV 204 infection [26]. Evidence on clinical vaccine efficacy against these other types of cancer is expected to 205 emerge [27,28], and our analysis will need to be expanded accordingly.

We conducted a specific analysis for the MSM population, for whom quality data on disease risk were available. The observed absolute benefit was low compared to the general population, as MSM represented only a small part (about 4%) of the general male population, but the results correspond 209 to a high risk reduction when expressed as averted cases per 100,000. The ratio of benefits and risks 210 associated with HPV vaccination would be between 55 and 70 for this subgroup. HPV vaccine 211 recommendations for men targeted until 2020 only MSM up to age 26. Impact of this policy was 212 limited by low uptake, amongst others due to fear of stigmatization and the fact that vaccination has 213 lower efficacy after established infection, as evidenced in clinical trials [16]. Expanding the 214 recommendation to adolescent boys will help improve this situation. In addition, the annual number 215 of cases averted in the non-MSM population (calculated as the difference between the benefit in the 216 general population and the benefit in the MSM sub-population), namely 7439 for AGW, 13 to 16 for 217 AC, support the decision to make prevention from HPV disease accessible to all men.

Benefit-risk balance assessment for vaccination against cancer is challenging, as it requires modelling
preventative effects that occur in a long-term timeframe of 20 years and more, while adverse events
following vaccination would occur within a few weeks or months. Other possible approaches could
have been cohort or dynamic modeling, the latter requiring hypotheses on sexual contact networks.
Such models have been developed to assess the impact of HPV vaccination on genital warts
incidence [29]. They are also frequently used in a cost-effectiveness perspective, as recently done in
France [30] or globally [31–35]

225 For the present analysis, we have opted for a simpler approach, applying known current values of 226 vaccine efficacy and disease-induced risk on a future hypothetical population. We needed to assume 227 population stability in terms of vaccination coverage, population size in age groups and disease risk. 228 This approach puts the emphasis on total number of avoided and hypothetically caused cases, and 229 not on individual average risks. Further limitations are that some input parameters such as 230 hypothetical GBS risk increase by vaccination or proportion of vaccinees receiving the full schedule 231 were extrapolated from girls, while others, such as baseline incidence of AGWs and GBS, were 232 derived from data in other countries. Future studies estimating these parameters in French men 233 would be helpful to make benefit estimations more specific for the French male population.

234 Another limitation of our approach is that we do not include indirect protection effects, which are 235 important for the public health perspective. HPV vaccines protect against acquisition of infection, 236 and therefore strongly impact transmission dynamics in the population. However, more complex 237 models accounting for herd immunity would be required in the absence of solid population-level 238 estimates of indirect effectiveness [36]. For HPV vaccination, the full public health perspective would 239 also require modelingprevention among women. In effect, the prevalence of HPV infection is high in 240 women and in addition to AGW, HPVs are responsible for almost all cervical cancers, for many 241 anogenital cancers and, to a lesser extent, for oropharyngeal cancers[37]. Thus, one important 242 population benefit from HPV vaccination for boys in France will be the reduction of viral transmission 243 to women, in particular given the relatively low coverage of 30% among girls [38]. Our present 244 analysis thus does not present a larger public health perspective, but focusses on the male 245 population's isolated benefit from vaccination. Finally, this analysis can inform decision making by 246 health care providers and public health professionals and provide quantitative elements for 247 communication on HPV vaccination for adolescent boys.

248 Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships
that could have appeared to influence the work reported in this paper.

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Syndrome.

256

257 Figure caption

- 258 Fig 1: Annual number of first episodes of anogenital warts (left graph) and anal cancers (right
- graph) avoided among French men during 2070, given an HPV vaccination program targeting
- 260 boys.

261 Supplementary material

- 262 S1 Methods. Procedure for vaccine efficacy simulations
- 263 S2 Methods. Benefit formulas
- 264 S3 Methods. Risk formula
- 265 S1 Table: Overview of sampled parameters
- 266 S2 Table: Overview of fixed parameters

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